

## White Crane/ Traditions Martial Arts



## **Good at the Harward Recreation Center**

131 Constitution Way Nampa, ID 83686 208-468-5858

## Good for one free lesson in any of our regular classes

| • | Youth Tang Soo Do   | Monday and Wednesday 6-7 pm |  |
|---|---|-----------------------------|--|
| • | Adult Tang Soo Do   | Monday and Wednesday 6-7 pm |  |
| • | Women's Self-defense  | Monday 8-9 pm               |  |
| • | Beginning Tai Chi   | Tuesday 6:30-7:30           |  |
|   |   |                             |  |
|   | /_  |                             |  |
|   | name date us  | ed class attended           |  |
|   | (Present at front desk for admittance to Harward Recreation Center and in Studio #4 for lesson. |                             |  |
|   | (One cortificate nor norcen nor calendar year)  |                             |  |

(One certificate per person per calendar year)